

STORTH STAMPEDE

Saturday 20th May 2023

WELCOME TO STORTH STAMPEDE

Thank you for registering for the Storth Stampede, an inclusive running event for all ages. Organised by the local community, our aim is to inspire and challenge runners while showcasing beautiful trails in the area.

Event Details

The venue for the event is Heron Hall Playing Field, located at Shaw Lane, Storth, Milnthorpe LA7 7JB. The race schedule is as follows:

U9s 10:00 am
U11s 10:30 am
U13s 11:00 am
U15s 11:10 am
U17s 11:45 am
U19/Seniors ... 12:00 pm

Please allow plenty of time to get to the event, park, and register. Registration will begin at 09:15 am. This year's event is part of the Junior Fell Running Championships, sponsored by Pete Bland Sports.

In addition to the running, there will be activities for children, live music, and a variety of food and drinks to enjoy. During the morning, we'll have soup, sandwiches, snacks, cakes, tea, coffee, and soft drinks available and later in the day, a selection of food vendors serving up delicious meals. There will be live music and a DJ playing throughout the day, leading up to the highly anticipated performance by Reuben's Train - a versatile band blending jazz, folk, bluegrass, and reggae grooves with a quiet confidence that can be delicate or pulsing with energy.

Race Information

You can find all the details about each race, including route descriptions, maps, and gpx files on the Storth Stampede website:

<https://storthstampede.weebly.com/>.

While each race will be partially marked and marshalled, it is essential to know your route to avoid getting lost, especially for the older age groups with bigger gaps between marshal points. The U9, U11, and U13 races will be led by a hare to guide the way.

Please register at the registration marquee before your race to receive your race bib number and timing chip. Registration will close 15 minutes before each race. Winners of each age group will receive prizes and trophies, which will be presented after the U11 race for the U9 and U11 age groups, and after the U19/Senior race for the remaining age groups.

It is important to inform a marshal if you decide to retire from a race. This will allow us to account for all runners and ensure that everyone is safe.

We strongly advise all runners to check the weather forecast before the event and prepare accordingly with appropriate clothing, as wet weather can significantly affect the conditions underfoot, particularly on limestone paths that are present across all races. These paths can become extremely slippery in wet conditions, so we recommend that you take extra caution and adjust your pace accordingly.

Parking

If you plan to arrive by car, you can park in the designated parking field, labelled as 'Main Car Park' on the map provided in this document, grid reference 54°12'43.9"N 2°48'00.4"W. In addition, there are two other suitable parking areas: the car park at The Ship Inn where the pub is temporarily closed, and along Park Road near the estuary. **Please note that The Ship Inn car park is exclusively designated for camper vans.**

It is recommended to use these areas, but if you choose to park elsewhere in the village, please be considerate of the residents when parking. To avoid congestion, please follow the map and access the village up Storth Road from Park Road instead of relying on your sat nav, as the road from Beetham is narrow in some areas and can only accommodate one car at a time.

Contact Information

If you need to contact a race organiser for any reason on the day, please use the contact numbers below.

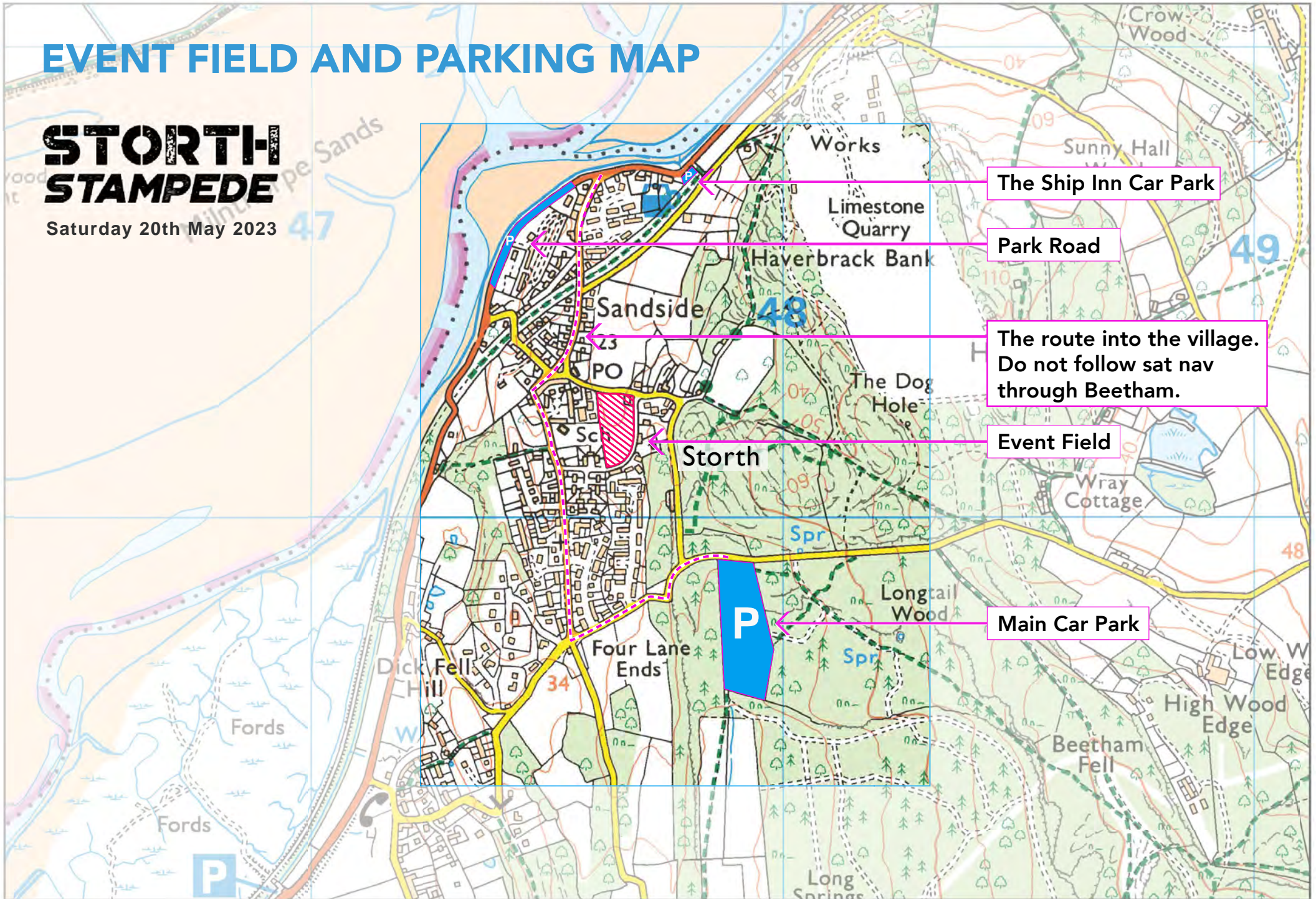
Paul Mason: 07768 882872, Susan Goodfellow: 07971 254535, Catriona Riaz: 07793 319055.

Thank you once again for entering the Storth Stampede. We appreciate your participation and support. We look forward to welcoming you on the day and hope you have an enjoyable and memorable event.

EVENT FIELD AND PARKING MAP

STORTH STAMPEDE

Saturday 20th May 2023



The Ship Inn Car Park

Park Road

The route into the village.
Do not follow sat nav
through Beetham.

Event Field

Main Car Park

EVENT FIELD

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Food and drink:

Tea room: 10:00–14:00

Bar: 12:00–22:00

Food stalls 12:00–21:00

Fun activities:

Action ants: 13:00–17:00

Face Painting: 14:00

Music:

Jim Fuller: 10:00

Taiko Drumming: 11:30

DJ Dave Brown: 15:00

Reuben's Train: 18:30

